



## Comox District Teachers' Association Mentee/Mentor Opportunities

*A mentee is a person who is advised, trained, or counseled by a mentor. A mentor is an experienced and trusted advisor. Mentorship is the activity of giving a less experienced person help and advice over a period of time. There are many ways to work with a mentor and at different times in your career you may seek mentorship for different reasons.*

Are you interested in being a Mentee or a Mentor? (Check one) MENTEE \_\_\_\_ MENTOR \_\_\_\_

Date of Application: \_\_\_\_\_ Name: \_\_\_\_\_

E-mail: \_\_\_\_\_ School: \_\_\_\_\_

Grade/Subjects Assigned: \_\_\_\_\_ Number of Years Teaching: \_\_\_\_

**FOR MENTEES** Please indicate which description below applies to you:

1. I am in the first five years of my teaching career \_\_\_\_\_
2. I am an experienced teacher in my 1<sup>st</sup> or 2<sup>nd</sup> year of a significantly different position \_\_\_\_\_
3. I do not fit into one of the above categories and would like to access mentorship \_\_\_\_\_

**Please fill out the following:**

1. Area you would like to focus on (see suggestions below):
2. Is there someone you would be interested in having as a mentor? Yes \_\_\_\_ No \_\_\_\_
3. If yes, please provide their name and school. If no, we will refer a mentor.

**Release Time:**

There are up to 2 days available. If you need more release time, contact the CDTA office. Please do not book off time until you have received approval by the CDTA office. At the completion of mentorship, you will be asked to fill out a short summary.

**Please select the release time you are requesting:**

- |                          |                          |                          |                          |
|--------------------------|--------------------------|--------------------------|--------------------------|
| 0.6 morning              | 0.4 afternoon            | 1 day release            | 2 days release           |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**FOR MENTORS** (Thank you for your interest in mentoring a colleague)

Have you been a mentor in the past? Yes \_\_\_\_ No \_\_\_\_

Please tell us the areas you are interested in mentoring:

**Possible mentorship focus areas:**

- |                                  |                                |   |
|----------------------------------|--------------------------------|---|
| -Communicating with parents      | -establishing class routines   | -motivating reluctant learners              |
| -Maintaining student discipline  | -assessing student needs       | -adapting/modifying for individual learners |
| -Implementing curriculum         | -evaluating student progress   | -organizing/setting up classroom            |
| -Using library & resources       | -working with support services | -organizing my day/week                     |
| -Following daily/weekly schedule | -lesson planning               | -maintaining personal/professional balance  |