



Comox District Teachers' Association Mentee/Mentor Opportunities

A mentee is a person who is advised, trained, or counseled by a mentor. A mentor is an experienced and trusted advisor. Mentorship is the activity of giving a less experienced person help and advice over a period of time. There are many ways to work with a mentor and at different times in your career you may seek mentorship for different reasons.

Are you interested in being a Mentee or a Mentor? (Check one) MENTEE MENTOR

Date of Application: _____ **Name:** _____

E-mail: _____ **School:** _____

Grade/Subjects Assigned: _____ **Number of Years Teaching:** _____

Release days:

There are up to 2 days available. If you need more release time contact the CDTA office. Please do not book off time until you have received approval by the CDTA office. At the completion of mentorship you will be asked to fill out a short summary.

FOR MENTEES Please indicate which description below applies to you:

1. I am in the first five years of my teaching career _____
2. I am an experienced teacher in my 1st or 2nd year of a significantly different position _____
3. I do not fit into one of the above categories and would like to access mentorship _____

Please fill out the following:

1. Area you would like to focus on (see suggestions below):
2. Is there someone you would be interested in having as a mentor? Yes No
3. If yes, please provide their name and school. If no, we will refer a mentor.

FOR MENTORS (Thank you for your interest in mentoring a colleague)

Have you been a mentor in the past? Yes No

Please tell us the areas you are interested in mentoring:

Possible mentorship focus areas:

- | | | |
|----------------------------------|--------------------------------|---|
| -Communicating with parents | -establishing class routines | -motivating reluctant learners |
| -Maintaining student discipline | -assessing student needs | -adapting/modifying for individual learners |
| -Implementing curriculum | -evaluating student progress | -organizing/setting up classroom |
| -Using library & resources | -working with support services | -organizing my day/week |
| -Following daily/weekly schedule | -lesson planning | -maintaining personal/professional balance |